

Christie Eppler, PhD, LMFT

Couples and Family Therapy
College of Arts and Sciences Seattle University
epplerc@seattleu.edu 206-296-6975
Washington State Marriage and Family Therapy License #0002377
American Association of Marriage and Family Therapy (AAMFT) Professional Member, Clinical Fellow, and
Approved Supervisor

Education

PhD, Family and Child Ecology, Emphasis in Marriage & Family Therapy, Michigan State University (2002)
MA, Marriage and Family Therapy, Michigan State University (1999)
MA, Counseling and Guidance, Emphasis in Marriage & Family Therapy, University of Missouri, Kansas City (1997)
BA, Literature/English, Wheaton College, Wheaton, IL, Minors in Family Studies and Bible (1994)

Academic Experience

Professor and Program Director, Couples and Family Therapy, Seattle University, 2009 Present
x Program Director, 2011 present
x Achieved Initial COAMFTE Accreditation (May 1, 2015) and Renewal (November 1, 2020)
x Promoted to Professor (2017), Tenured (2012)
x Maintained load as course instructor and supervisor
x Sustained research program on social justice and systemic therapy, systemic resilience, narrative therapy)
Associate Professor, Department of Counselor Education, School of Education, Seattle Pacific University, 2003 to 2009
Assistant Professor, Department of Professional Psychology and Family Therapy, School of Education, Seattle Pacific University, 2002-2003
Doctoral Intern, Couples and Family Therapy, University of Oregon, 2001-2002
Adjunct Lecturer and Practicum Supervisor, Nursing, University of Michigan, Flint, 1999-2001

Clinical Experience

Private Practice, 2015-present
9 Provided supervision of supervision to AAMFT Supervisor Candidates
9 Provided systemic therapy
Marriage and Family Therapy Supervisor, School of Psychology, Family, and Community, Seattle Pacific University, Winter 2003-Spring, 2005
9 Provided AAMFT-approved supervision for practicum groups
9 Supervised final case presentations for Practicum VII students

Mental Health Counselor Student Counseling Center, Seattle Pacific University, Fall, 2003-Spring, 2004

- 9 Primary therapist for individuals, couples, and groups
- 9 Collaborated in group supervision and consultation

Brief Therapist, Department of Veteran Affairs, Eugene, OR, Spring 2002

- 9 Provided Brief Individual and Couple Treatment to Veterans of World War II, the Vietnam Conflict, and the Gulf War
- 9 Presenting Concerns Included: Anger Management, Communication/Conflict, and Post-Traumatic Stress Disorder

Divorce Recovery Group Leader, S.M.I.L.E. Program, Spring, 2001

- 9 Lead Court-based Community Group for Divorcing Couples in the Early Transition Period of Divorce Regarding Custody Issues
- 9 Researched Divorce Related Topics such as Anger, Loss, Parenting Pitfalls, and What Children of Divorce Need to Succeed
- 9 Presented Five Two-hour Lecture and Discussion Seminars Regarding the Emotional Divorce Process

Play Therapist Trainee, Child Development Labs, Michigan State University, September, 1997 to October, 1997

- 9 Learned and Practiced Theories and Methods of Play and Filial Therapy
- 9 Observed Students in Early Childhood Education Setting
- 9 Conducted Interviews with Parents Regarding Childhood Development

Therapist, Family and Child Clinic, Michigan State University, Spring, 1998 to Summer, 2001

- 9 Primary Therapist for Individuals, Couples, and Families
- 9 ^ d u] v

Peer Reviewed Journal Articles

- Eppler, C., Vander Schurr, D., & Correa, N. (2022). COVID-19 and clinical training: Diverse perspectives and collaborative recommendations. *Journal of Feminist Family Therapy*, 34(34), 370-389. <https://doi.org/10.1080/08952833.2022.2141956>
- Eppler, C., Cobb, R. A., Bien, S., & Wright, T. (2021). Integrating Buddhist-informed interventions into narrative family therapy. *Journal of Systemic Therapies*, 40(3), 67-81. <https://doi.org/10.1521/jsyt.2021.40.3.67>
- Eppler, C., Cobb, R. A., Bien, S., & Wright, T. (2021). Epistemological intersections of Buddhism and narrative family therapy. *Journal of Systemic Therapies*, 40(2), 80-92. <https://doi.org/10.1521/jsyt.2021.40.2.80>
- Eppler, C. (2021). Systemic teletherapists' meaningful experiences during the first months of the coronavirus pandemic. *Journal of Marital and Family Therapy*, 47, 244-258. <https://doi.org/10.1111/jmft.12515>
- Quek, K., Hsieh, N., & Eppler, C. (2021). Collectivist discourses in relational intersectionality: Insights from Chinese American Christian couples. *Journal of Family Issues*, 42(11), 2487-2508. <https://doi.org/10.1177/0192513X20983387>

Eppler, C., Olsen, J, & Hidano, L. (2009). Using stories in school counseling: Brief, narrative intervention. *Professional School Counseling*, 12, 387-391.

Eppler, C. (2018). Ecosystem in family systems theory. In J. L. Lebow, A. L. Chambers, & D. Breunlin (Eds.).
Encyclopedia of Couple and Family Therapy. Springer International Publishing.

Sink, C. A., & Eppler, C. (2007). Review of the Stability of Intelligence for Early Childhood (Ed.). In R. A.

- Morgan, M., Quek, K., & Eppler, C. (2014, July). Male v š • [W OE • % š] Å •] v ' v OE } μ OE • V
Study [Conference Session] International Association for Cross Cultural Psychology (IACCP)
International Congress Paris, France.
- Eppler, C., Quek, K., & Morgan, M. (2014, June). The Reformation of Gender for Male Therapists in Training
[Presentation] American Academy for Family Therapy (AFA) Conference. Atlanta, GA.
- Eppler, C. & Williams-Reede, J. (2013, October) Exploring the Intersections of Resiliency and Spirituality using
Narrative Therapy Techniques when working with Adolescents and Adults [Conference Session]
American Association of Marriage and Family Therapy Annual Conference Portland, Oregon.
- Eppler, C. (2012, June). Using Qualitative Assessment Tools to Explore the Intersection of Spirituality and
Resiliency [Conference Session] Presented at the Association for Spiritual, Ethical, and Religious Values
in Counseling Conference. Santa Fe, New Mexico.
- Eppler, C. (2011, October). Response to keynote lecture and panel moderator [Panel] American Association of
Pastoral Counselors, Northwest Division Conference. Seattle, Washington.
- Eppler, C. (2009, October). Exploring spirituality in a multicultural family [Conference Session] American
Association of Pastoral Counseling, Northwest Division Seattle, Washington.
- Eppler, C. (2007, October). WACES Roundtable Discussion 2007 Washington Counselor Association Conference
SeaTac, Washington.
- Eppler, C. (2006, October). A strengths based approach towards cultural competence [Conference Session]
Washington Counselor Association Annual Conference SeaTac, Washington.
- Eppler, C., & Shallenberger, J. (2006, October). Community strengths, social justice, and the school counselor
[Conference Session] Washington Counselor Association Annual Conference SeaTac, Washington.
- Eppler, C. (2004). Working with families in school learning communities in the Social and Moral Fabric of
the Learning Community [Conference Session] Beverley, United Kingdom.
- Igelman, C.N., Leinbaugh, T., Eppler, C., & Bhat, C.S. (2004). Infusing cultural awareness, knowledge, and skills
into school counselor preparation program [Conference Session] American Counseling Association
Annual Conference Kansas City, MO.
- Eppler, C. (2000). Life before adolescence: Assets school children need to succeed [Conference Session]
Asset Strategies in Action: How to Walk the Talk Michigan State University Outreach Partnerships, East
Lansing, MI.
- Vazquez-Rivera, O., Griffin, A., Eppler, C., Lumpkin, C. & Keith, J. (2000). Developmental assets and social capital:
Critique of the literature and integration of concepts [Paper Presentation] Social Capital: Bridging
Across Disciplines East Lansing, MI.

Conference Posters

- Eppler, C., & Casavant, C. (2015). Emotionally Intelligent Relationships: A talk sponsored by Seattle Looking from the Inside Out: An Exploration of Emotional Intelligence Seattle WA.
- Eppler, C. (2011). Culture, Sacred Texts and the Individual: How We Create Meaning. Presented at Renew, Recharge, Refresh: Seattle University and the Northwest Center for Creative Aging
- Eppler, C. (2010). Values and the Developmental Assets. Presented at the Center Heights Family Advocacy Council.
- Eppler, C. (2010). Family Strengths. A Three Week Adult Education Seminar at Seattle First Baptist Church
- Eppler, C. (2009). Good Grief Small Group. Presented at Bellevue First Congregation Church Bellevue, WA.
- Eppler, C. (2007). Hope in the Unseen: Book Review and Discussion. Presented at the Day of Common Learning at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2007, 2006, 2005). Supervision 101. Presented at a Workshop for School Counselor Supervisors sponsored by SPU's School of Education and the Washington Counselors for Social Justice, a division of the Washington Counselors Association. Seattle Pacific University, Seattle, WA.
- Eppler, C. (2005). Supersize me. Faculty panel at Respect Your Body Week at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004, 2005). What can you do with a degree in psychology? Panel presentation at the General Psychology at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2005, 2006). Considering Graduate School in psychology? Faculty panel and discussion sponsored by the Department of Psychology at Seattle Pacific University. Seattle, WA.
- Marshall, M.A., & Eppler, C. (2005). Pride and prejudice: The psychology of the individual in creating and combating prejudice. Presented at Faith Forum (Campus Ministries) at Seattle Pacific University. Seattle, WA.
- Marshall, M.A., & Eppler, C. (2004). Pride and prejudice: The psychology of the individual in creating and combating prejudice Presented at the Day of Common Learning at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004). Focus on Strengths. A poster presentation at Stress Less Festsponsored by the Student Counseling Center at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004). Expressive Journaling. A presentation at Stress Less Festsponsored by the Student Counseling Center at Seattle Pacific University. Seattle, WA.
- Eppler, C. (2004). To Journey Forth When All Seems Lost: The Resiliency of Frodo. Presented at the Rings: Seattle Pacific University Film and Lecture Event Seattle, WA.

Eppler, C. (2003). Homework Skills. Presented at Shoreline Elementary School Parent Teacher Association, Shoreline, WA.

Eppler, C. (2003). Family Strengths. Presented at South Orange Library, South Orange, NJ.

Eppler, C. (2000). Healthy Families. Presented at East Lansing, MI. Seminar in Youth Development: An Asset Based Approach.

Department of Family and Child Ecology, Michigan State University, East Lansing, MI.

Grants, Fellowships, Professorship and Scholarships

- x Balmar Behavior Health Initiative Grant MACFT Coordinator, 2020-2021
- x Institute for Catholic Thought and Culture Faculty Research Fellowship 2022
- x Seattle University Faculty Research Summer Fellowship, 2021
- x Cobb, R. A., & Eppler, C. (2019). Dual Reality Grant American Association of Marriage and Family Therapy
- x ^ Z } o C E • Z] % o š } u C E] v • • }] š] } v } (D C E C E] P v & u] o Ç d Z C E % o] • š 2016
- x Eppler, C. (2012). Building Awareness of a Modern, Muslim Community: A Phenomenological Encounter of Culture and Tradition Henry Luce Grant for Interreligious Programming and Dialogue.
- x Pat Howell, SJ, Professor of Spirituality and Leadership 2012-2015
- x Eppler, C. (2008). Faculty Research Grant Seattle Pacific University
- x Eppler, C. (2005). Faculty Research Grant Seattle Pacific University
- x Eppler, C. (2001). Student Award Program Grant from the Blue Cross and Blue Shield of Michigan Foundation.
- x Human Ecology Dissertation Fellowship, 2001
- x Janet Shalter Pilsner Dissertation Fellowship, 2001
- x Paolucci Scholarship, 2000
- x Marie Dye Doctoral Fellowship, 1999
- x Betty J. Shaw Scholarship, 1999
- x Undesignated Graduate Fellowship, 1998
- x Community Counseling Service Scholarship for Academic and Interpersonal Achievement, 1996
- x Pi Lambda Theta, University of Missouri, Kansas City, 1994

Journal, Book & Grant Reviewer

- x Editorial Board, Journal of Marital and Family Therapy, 2021-2023; Ad-hoc Reviewer, 2012-2023
- x Book proposal reviewer (Sage, Routledge, Springer), 2021-2023
- x Reviewer, Journal of Feminist Family Therapy, 2023
- x Reviewer, International Journal of Qualitative Methods, 2019-2024
- x Invited Reviewer for Special Issue of Women and Therapy [Trauma and Well-Being among Asian American Women, 2016
- x Reviewer, Counseling and Values, 2007-2013; Ad hoc reviewer, 2007-2007
- x Reviewer, American Association of Marriage and Family Therapy (AAMFT) National Conference Submissions 2010-2013; 2015-2017

